

How can I help?

EVA AU

Recognize.

- Sexual assault is unwanted, non-consensual sexual contact ranging from unwanted sexual touching to unwanted penetration
- When someone is sexually assaulted, it is often by someone they know; the majority of sexual assaults on a college campus fall into this category.

Respond.

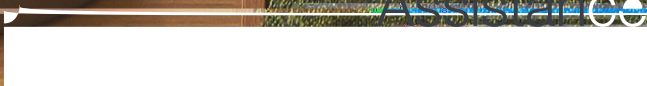
- Listen and take the situation seriously
- Avoid questioning and judging the survivor
- Address safety and validate feelings
- Inform your friend they have rights and options
- Support your friend in doing what they decide is best for them

Reach out.

CU Boulder's Office of Victim Assistance (OVA) is a free and confidential advocacy and counseling center on campus for students, grad students, staff and faculty. You can reach out for support and guidance on how to help a friend, or for yourself.

colorado.edu/ova

303-492-8855



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